

IMMUNIZATION AND VACCINATION

PROGRAM



A simple procedure to
protect your loved ones

A Holistic Approach to
Community Wellness



Nisichawayasihk Cree Nation
FAMILY AND COMMUNITY
Wellness Centre^{INC.}

What is the Immunization and Vaccination program?

Immunizations and vaccines are voluntary in Manitoba, but we urge NCN Citizens of all ages to keep their vaccinations current. You and your children will be healthy now and into the future. And maintaining your own immunity helps to protect our Elders and our children.

Our Public Health team contacts young parents to set up appointments for their babies at our NCN Nursing Station. Older children receive their shots at school from public health nurses. If you hear that your child missed a vaccination visit, please contact us so we can make sure your child's immunity stays on schedule.

Citizens of all ages can join us at our annual community vaccination clinic against the winter flu. If you can't join us then, come to see us.

All of the following recommended immunizations are free. They are safe, quick and easy. They feel like a bee sting, but they have health benefits that will last a lifetime!

Children under 18 months of age

- Diphtheria, Tetanus, Pertussis, Polio, Haemophilus influenza type b (DTaP-IPV-Hib)
- Pneumococcal Conjugate 13 valent (Pneu-C-13)
- Rotavirus

- Meningococcal C Conjugate (Men-C-C) vaccine
- Measles, Mumps, Rubella (MMR) vaccine

Children 4-6 years of age

- Tetanus, Diphtheria, Pertussis, Polio (Tdap-IPV)
- Pneumococcal Conjugate 13 valent (Pneu-C-13)
- Measles, Mumps, Rubella (MMR) vaccine

Children in Grade 4

- Meningococcal C Conjugate (Men-C-C) vaccine
- Hepatitis B vaccine

Children in Grade 6

- Human Papillomavirus (HPV)

Children 14-16 years of age

- Tetanus, Diphtheria, Pertussis (Tdap)
- Hepatitis B vaccine
- Human Papillomavirus (HPV)

How does it work?

When you have a baby, our Public Health team will get in touch with you to set up an appointment at the NCN Nursing Station for the baby's first vaccines. These shots will protect your child from deadly diseases. It will be over before your baby knows what is happening!

At that appointment, we will schedule the next appointment. Please make these vaccinations a priority. Keeping your child's immunization

up-to-date is a wonderful way to show how much you love them.

The first time we give someone a vaccination, we create a file for him or her. It will help to keep you and your children healthy for life!

What are the benefits of this program?

These shots prevent deadly diseases for babies and young children. Sometimes your children will need a “booster shot” (another shot against the same disease when they are older), and sometimes one vaccination means they will be immune for their entire lives.

When children are older, these shots prevent sexually transmitted infections. You can even protect your family from the dreaded winter flu.

When people in our community maintain their best health through immunizations, our “community immunity” is stronger, which helps to protect our weak and vulnerable, such as our Elders and babies, and those will illness.

Please do your part in keeping our families healthy.



About The NCN Family and Community Wellness Centre and Immunization and Vaccination Program

The Centre supports holistic wellness for all NCN Citizens—and especially our children—throughout every stage of their lives. We believe combining our traditional wisdom with western practice can create healthy, happy people, families and communities.

The Centre provides support for Public Health, Child and Family Services, Counselling and other family and community needs programs. We have sub-offices in Winnipeg, Brandon, Thompson and South Indian Lake.

Learn more about what we can do for you!

**Call: (204) 484-2341
or visit: www.ncnwellness.ca**



How do I learn more about the Immunization and Vaccination program?

Please visit us at the NCN Family Wellness Centre. You can also call us at (204) 484-2341.

We will set up an appointment to determine if your children are up-to-date with their vaccinations.



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